

Michel Richard

see page 4



An unforgettable visit to New York

Join us for our annual holiday trip to New York City, **November 27 and 28.** Even if you've seen the Radio City Christmas Spectacular a dozen times, you have only one chance to see the 75th Anniversary

production: dazzling new numbers by the Rockettes; a glorious fireworks display on the stage; Santa flying above the stage in a blizzard—with real snow falling in the theater! In addition, we will see Broadway's sparkling new musical, *The Little Mermaid*, the new Disney production that is bound to make a splash on Broadway. All this plus a Yuletide tour of Winterthur, holiday shopping, and a fabulous dinner at the FireBird.

We will depart from the Village Center at **8 a.m. on Tuesday, Nov. 27** and arrive at Winterthur, Henry Francis duPont's mansion in Wilmington, Del., in time for lunch and a tour. The beautiful house-museum holds one of the country's finest collections of early American antiques. This year's Yuletide tour promises to bring to life the splendor of childhood holiday memories combined with the fantasy of Winterthur's spectacular period rooms glistening with decorations spanning the centuries. After the tour, we will enjoy a buffet lunch and, of course, the gift shop.

Continued On Page 13

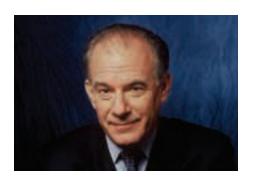
'Taste of Friendship Heights:' One Place, Many Tastes

Mark your calendars for **Saturday, Sept. 29**, when the Village of Friendship Heights and the Friendship Heights Urban Network (FHUN) team up to present the "Taste of Friendship Heights."

This food and drink extravaganza takes place from noon to 5 p.m. at the Village Center. Local restaurants scheduled to participate include Clyde's, Lia's, M Cafe/Famoso, Bambule, Indique

Heights, Starbucks and Gifford's. There will also be free entertainment for children.

Attendees will purchase tickets that they can redeem for servings of food. Each ticket will cost \$1, and the average cost of a dish will be about 3 tickets. So stop by and sample some of the great gourmet offerings available. For more information, check the FHUN website at www.fhun.net.



Post columnist David Ignatius to speak at the Center

David Ignatius, whose international affairs and business column appears in *The Washington Post* twice a week, will discuss his latest book, *Body of Lies: A Novel*, at the Village Center on **Thursday, Oct. 4, at 7:30 p.m.**

The prize-winning columnist for *The Washington Post*, has been covering the Middle East and the CIA for more than 25 years. In *Body of Lies* he has used his vast knowledge of Middle Eastern politics to write one of the most compelling post-9/11 spy thrillers. It is the story of an idealistic CIA agent who develops an intricate scheme to turn al-Qaeda terrorists against each other.

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase. Copies of Mr. Ignatius's book, *Agents of Innocence*, will also be available.

Forum on genetics and your family's health

Health care professionals have known for a long time that common diseases like heart disease, cancer, and diabetes can run in families. Perhaps rare diseases do too. Keeping a family health history can help predict the disorders for which you may be at risk. To help focus attention on the importance of family history, the U. S. Surgeon General launched a national campaign several years ago called the Family History Initiative. A panel discussion on this important topic will be held at the Village Center on **Monday, Oct. 15, at 7:30 p.m.**

Joan Weiss will moderate the discussion. She is a genetics social worker who worked 20 years at Johns Hopkins Hospital in the medical genetics clinic, founded the Genetic Alliance, and co-directed the Human Genome Education Model Project. The very distinguished panel members are Judith Benkendorf, a genetic counselor who has been in the field of genetics almost 30 years and is currently Project Manager for the American College of Medical Genetics, and Dr. Joann Boughman, Executive Vice President of the American Society of Human Genetics.

A recent survey found that 96 percent of Americans

Continued on page 15



Work with a Custom Fitness Personal Trainer in the privacy and convenience of your own building's fitness center.

Working with a personal trainer is the best way to ensure that you successfully and safely reach your fitness goals.

Matt is a Personal Trainer certified with the American College of Sports Medicine (ACSM). He will work with you to develop and maintain a fitness program tailored specifically to meet your goals. Give Matt a call to schedule a free initial consultation.

301-570-7909

mgreenhut@CustomFitnessTraining.com www.CustomFitnessTraining.com



www.friendshipheightsmd.gov Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the October issue is September 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

FOUNDER Martin Kuhn

EDITORIAL STAFF

Melanie Rose WhiteAnne Hughes O'NeilVolunteer EditorStaff Writer, AdvertisingJennie FogartySusan C. ZarrielloStaff WriterPage Design/Layout

FRIENDSHIP HEIGHTS VILLAGE COUNCIL

Melanie Rose White Alvan M. Morris
Mayor Treasurer

Maurice Trebach Robert M. Schwarzbart

Chairman Parliamentarian

Leonard E. Mudd Leonard Grant

Vice Chairman Historian

Elizabeth
Demetra Harris
Secretary
VILLAGE MANAGER
Julian P. Mansfield



When your health is compromised, all of the options can seem overwhelming. Turning to Maxim Healthcare Services will give you peace of mind and confidence in the quality of your care.

Together, we'll create a care plan that meets your individual needs. Whether you need 24-hour clinical care or just assistance with things around your home, Maxim can help. Our nurses are screened, licensed, and bonded for quality and have experience providing care for adult and pediatric patients with a variety of illnesses.

WHY CHOOSE MAXIM:

- 24-Hour On-Call Service
- Free, Comprehensive In-Home Evaluation
- · Highly Qualified RNs and LPNs
- Home Health Aides and Companions for Personal Assistance
- Flexible Payment Options
- Quick Turnaround for Care Often Within 24-Hours



Call Us Today! (301) 585-9595 (800) 658-3820

(***)

ON the GO...

Laugh your sins away with Late Nite Catechism

Join us for a trip back to your youth- even if you're not Catholic – when we travel to Olney Theatre on **Sunday, Oct. 21** for a matinee performance of *Late Nite Catechism*, the one-nun show that is part catechism class and part stand-up comedy routine.

The irrepressible "Sister" teaches class to a roomful of "students" (the audience) and will take you back to the days of the Latin Mass, meatless Fridays, and a ruler across the knuckles! *The New York Times* calls it, "hilarious, well-written and inspired." We call it good old fun.

We will depart from the Village Center at 12:30 p.m. and return around 4:30. The cost of the trip, which includes a seat in the Front Orchestra, transportation, and driver's tip, is \$59. Residents and one guest may sign up immediately; nonresidents may sign up Sept. 15. There are 21 spaces available. This play is appropriate for middle school age children and older.

Opening night at Strathmore

Join us on **Thursday, Sept. 27,** when the Baltimore Symphony Orchestra opens its 2007-08 season at Strathmore Music Center with two monumental works for orchestra. The program, conducted by Maestra Marin Alsop, includes Mahler's Fifth Symphony and John Adams' *Fearful Symmetries*.

We will depart from the Village Center at 7:15 p.m. and return around 11 p.m. The cost of the trip is \$58, which includes a seat in the Grand Tier (second balcony), transportation, and driver gratuity. *There is no restroom on the bus or space for a wheelchair.* Residents and one guest may sign up immediately; nonresidents may sign up Sept. 10. There are 24 spaces available.

Remember!

Payments for trips that include concert, play, opera, ballet, or sporting tickets are **nonrefundable** — from the moment of payment — if we cannot fill your spot. Please double check dates before signing up for one of these trips.

Neil Bacchus Real Estate Advisors

Affiliated with Weichert, Realtors®

Why trust the sale of your home to a single agent, when you can have the power of a team...



At **Neil Bacchus Real Estate Advisors**, we understand the value of a team and how it adds tremendous value for our clients.

When you work with **Neil Bacchus Real Estate Advisors**, you get more value for your time and money by accessing the knowledge, experience and support of an entire team of real estate professionals.

When results count, don't settle for less than you deserve; work with the team that works for you.

Direct: (301) 674-8090 **Office** (301) 468-1600 x 175







Web: www.neilbacchus.com Email: neilbacchus@mris.com

World-renowned chef to speak at Center

Michel Richard, 2007 James Beard Award winner for Outstanding Chef whose restaurant, Citronelle, is considered among the finest in the world, will present a cooking



demonstration and discuss his new cookbook at the Village Center on **Monday, Sept. 24, at 7:30 p.m.**

Mr. Richard will prepare a recipe from his new cookbook, *Happy in the Kitchen*, which is filled with clever, innovative techniques and little-known time-savers. "In cooking as in love, you have to try new things to keep it interesting," says the ebullient chef.

Mr. Richard rose from a pastry kitchen in France to chef of Citronelle, one of the country's foremost restaurants. His recently opened bistro in Penn Quarter, Central, has received rave reviews. Mr. Richard was among the first chefs inducted into the James Beard Foundation's "Who's Who in American Food and Wine." He has been a guest on *Good Morning America* and *the Food Network*, and is featured regularly in such publications as *Gourmet*.

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase.

Bamberger Series: Global warming and the climate crisis

Jenét Dechary is a volunteer trained by Al Gore and The Climate Project to educate our community on the climate crisis and what we can all do to stop global warming. She will present *The Climate Crisis: A Primer for Action,*

based on Al Gore's slide show and his Academy Award winning motion picture, *An Inconvenient Truth*, at the Village Center on **Thursday**, **Sept. 20**, **at 7:30 p.m.**

The Climate Project is a non-profit and non-partisan group dedicated to educating and challenging citizens and government into action against the growing crisis of global warming. Ms. Dechary, a free-lance journalist with more than 25 years of broadcasting management experience at NBC4, was selected from thousands of applicants to participate in The Climate Projects of the contract of the participate in The Climate Projects of the contract of



Please sign up for this event by calling 301-656-2797.



Montgomery County Wine & Spirits presents our newest location in

Chevy Chase/Friendship Heights

~11 Wisconsin Circle~ with entrances from the parking garage (one floor down from Giant) and from Wisconsin Circle

More spirits on sale for the month (08/29/07 -10/02/07):

Absolut Vodka 1.75L	\$29.99
Beefeater Gin 1.75L	\$24.99
Chivas Regal 1.75L	\$49.99
Jack Daniels 1.75L	\$31.99
Jim Beam 1.75L	\$20.99
Malibu Rum 1.75L	\$21.99
Smirnoff 1.75L	\$17.00

Australian Wine Sale

On sale for the month of September (8/29/07 - 10/02/07)

Alice White 1.5L	\$ 9.99
Black Swan 1.5L	\$ 8.99
Little Penguin 1.5L	\$ 9.99
Lindeman's 750ml	\$ 7.49
Little Boomey 750ml	\$ 4.99
Rosemount Est 750ml	\$ 9.49
Yellow Tail 750ml	\$ 5.49

See our website (below) for more!

For more information call 240-773-2009
See our ad every Wednesday in the
Washington Post Food Section~~
See all of our sales for wine
and spirits online at
www.montgomerycountymd.gov/dlc

Grand Opening!

WellCare PharmRx

5530 Wisconsin Avenue Chevy Chase, MD 20815

301-657-3388 Fax 301-657-4345



Good Health is Within Your Reach

- Bio-Identical Hormone Replacement Specialized Compounded Formulas, Creams, Troches, etc...
- M Country Life™ Nutritional Therapeutic Formulations designed to meet your nutritional requirements from infancy through maturity for focus on physiological support, health, wellness & selfcare
- IOBST Therapeutic Compression Medical LegWear ReadyWear & Custom Order
- Orthopedic Body Braces & Supports with a Certified Orthotic Fitter
- Veterinary Prescription Compounding Homeopathic and Natural Remedies for your pets
- ₩ Wellness Counseling for Alternative HealthCare Options
- Saliva Testing & Consultation for Adrenal Stress, Fertility, Menopause, Male & Female Hormone Assessment, Nutritional Enhancement to help maintain Healthy Living, and much more....









Visit WellCare PharmRx for ALL Your Prescription & Pharmacy Needs 20% OFF YOUR ENTIRE PURCHASE*

WellCare PharmRx & WellCare Alternatives!

* EXCLUDING: Rx/Prescripions, JOBST Medical LegWear, and Jewelry
One Coupon Per Customer! Must Present Coupon to Receive 20% Discount

PLAYING on the BIG SCREEN

All movies now begin at 7 p.m.

A Note from the Program Directors

As a courtesy to our speakers, authors and performers...

•Turn off cell phones • Do not take food or drink into the auditorium • Arrive on time for all events • Unless it is an emergency, please stay until the conclusion of the program. It is distracting to others in the audience and insulting to the presenters when people walk out. Plenty of time to catch the shuttle bus will always be allowed.

Thursday, Sept. 6, 7:30 p.m. — Jewish Washington, see below.

Thursday, Sept. 13, 6:45 p.m. — Boynton Beach Club movie and discussion, see page 15 for details.

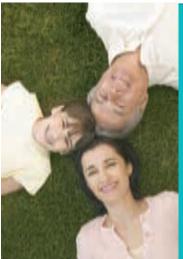
Thursday, Sept. 20, 7:30 p.m. — The Climate Project, see page 4 for details.

Thursday, Sept. 27, 7:00 p.m. — **Letters from Iwo Jima** — After bringing the story of the American soldiers who fought in the battle of Iwo Jima to the screen in his film, *Flags of Our Fathers*, Clint Eastwood offers an equally thoughtful portrait of the Japanese forces who held the island for 36 days in this military drama. Rated R. Running Time: 140 minutes.

Patti LuPone at Strathmore

Spend an evening at Strathmore Music Center with one of Broadway's brightest stars! On **Friday, Oct. 5,** Tony and Olivier Award Winner Patti LuPone will perform songs from musicals that she "coulda, woulda, shoulda" played - along with those she did - including *Hair, Bye Bye Birdie, Funny Girl, West Side Story, Peter Pan, Evita,* and *Anything Goes.* This concert will kick off Strathmore's "Great American Song Series" and is a must for anyone who loves musicals. We will leave the Center at 7:15 p.m. and return home before 11 p.m. Cost is \$84, which includes a discounted ticket in the Center Orchestra tier, transportation, and driver's gratuity. There is no restroom on the bus or space for a wheelchair. Residents and one guest may sign up immediately; nonresidents may sign up Sept. 10. There are 24 spaces available.

Laura Cohen Apelbaum, Executive Director of the Jewish Historical Society of Greater Washington and its Lillian & Albert Small Jewish Museum, will give a power point presentation and discuss the book she co-edited, *Jewish Washington: Scrapbook of an American Community*, at the Village Center on **Thursday, Sept. 6**, **at 7:30 p.m.** Copies of the book, a chronological history of the Jewish community of the Washington area, will be available for purchase. Please sign up for this event by calling 301-656-2797.



We are motivated by the realization that a healthy, beautiful smile has an effect on a person's confidence, outlook and quality of life.

Our team is committed to providing excellent, comprehensive dentistry

◆We offer: Nitrous Oxide, Cosmetic restorations, Crowns, Implants & Bridges, Periodontal treatment, Zoom Whitening (as see on TV), ViziLite (oral cancer screening) and many other services ◆ We are insurance friendly

Larry Greenbaum, D.D.S., M.A.G.D.

Master in the Academy of General Dentistry 5480 Wisconsin Ave, Suite 208 Chevy Chase MD 20815 301-652-6011

FRIENDSHIP GALLERY

Fiber artists to exhibit this month

The Tuesday Quilters will exhibit their works at the Friendship Gallery for the month of September. All are invited to meet the artists at a reception on **Sunday**, **Sept. 9**, **from 11:30 a.m. to 1:30 p.m.**

Tuesday Quilters, established in 1986, is a group of 11 fiber artists who enjoy working and exhibiting together. Some are professional artists and teachers, others just love quilting. Their quilt styles vary widely; they rely on both hand and machine work as well as mixed-media embellishments and embroidery.

Tuesday Quilters has had group shows in the Gaithersburg City Hall, the Lombardi Cancer Center at Georgetown University Hospital, the Rock Creek Art Barn, Glenview Mansion, Rockville Arts Place and the Sumner School, Washington, DC. Individual members' works have been included in major juried exhibits nationally and internationally. The artists are Jennifer Danly, Floris Flam, Betty Ford, Melanie Grishman, Ann Hoenigswald, Lauren Kingsland, Verena Levine, Susanne McCoy, Donna Radner, Kathryn Vitek, and Janet Wildman,



"Hydrangeas," by Susanne McCoy and "Early Fall," by Verena Levine



The exhibit begins Sept. 1 and runs until Sept. 29. Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m., and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of activities in that room. Please check with the front desk receptionist when you arrive.



More Than 40 years serving the Chevy Chase area

- · CLOTHES PROFESIONALLY DRY CLEANED AND PRESSED
- WE USE NON-HAZARDOUS, NON-CHLORINATED SOLVENT
- · SHIRTS EXPERTLY LAUNDERUCK
- SHOE REPAIR "WHILE YOU WAIT"
- ALTERATIONS DONE ON THE PREMISE BY "MARLENE"
- SAME DAY SERVICE AVAILABLE*

LIMITED OFFER:

FURS, LEATHER & SUEDE CLEANING

FREE STORAGE WITH ANY CLEANING OR GLAZING (LIMIT 2 GARMENTS PER CUSTOMER)

> 9 WISCONSIN CIRCLE (301) 654-9613

THE CHEY'S CHASE SHOPPING CENTER AT FRIENDSHIP HEIGHTS

IN WISCONSIN CIRCLE OPPOSITE THE METRO BUS DEPOT

PREREGISTRATION IS REQUIRED FOR ALL CLASSES. PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.

NEW CLASSES

ACRYLIC OR OIL PAINTING

A 10-week course for all skill levels, taught by Doris Haskel, begins September 6. Meets Thursdays from 6:45 to 8:45 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends Nov. 8. Maximum number of students is 16.

CHAIR YOGA

This 6-week series begins October 10. Meets Wednesdays from 3 to 4:15 p.m. Do not eat for one hour before class, wear comfortable clothing but no heavy jewelry or perfume. The cost is \$60. Ends Nov. 14.

CHINESE BRUSH PAINTING

A 10-week class taught by Helene Sze McCarthy begins October 4. Meets Thursdays from 1 to 3 p.m. Cost is \$100. Session ends Dec. 13. A minimum of 6 students is required; the maximum is 10.

DRAWING AND PAINTING

A 10-week course for all skill levels, taught by Doris Haskel, begins September 10. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends Nov. 26 (no class Oct. 8 and Nov. 12). Maximum number of students is 18.

IMPROVE YOUR MEMORY

A 5-week course with gerontologist Murray West begins Sept. 20. Meets Thursdays from 10 to 11 a.m. Lecture and group discussion. There is no fee, but registration is required. Maximum number of students is 20.

MAT PILATES

A 6-week session begins September 4. Meets Tuesdays from 7 to 8 p.m. The cost is \$70 for residents and \$80 for nonresidents. Not recommended for pregnant women or those with serious spinal conditions. Instructor Ginger Russell has been certified in Pilates Matwork Exercises by the PhysicalMind Institute and Powerhouse Pilates. Required equipment: Pilates/Yoga mat, large bath towel. Optional equipment: Pilates Magic Ring or Circle (Target, Amazon.com, Borders Books, and Wal-Mart carry it). Questions? E-mail - Gingerrusteach@yahoo.com. Session ends Oct. 9. Maximum number of students is 15.

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by award-winning artist and photographer Marianne Winter, begins September 12. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$65. (Maximum number of students is 8). Session ends Oct. 17.

STILL LIFE PAINTING

A 12-week course with noted artist Joan Samworth begins September 20. Class emphasizes the elements of art: line, color, texture, shape and value and is designed to meet the needs of all levels of experience. Advance at your own pace with individual critiques and

instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out first day of class. Meets Thursdays from 11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$165 for residents; \$170 for nonresidents. Last class is Dec. 13.

STRENGTH TRAINING WITH CHERYL

This 6-week session begins September 14. Meets Fridays, from 10:30 to 11:30 a.m. The class, taught by Cheryl Clark, will enhance range of motion and strengthen muscles and work on balance and posture. The cost is \$65. Session ends Oct. 26 (class will not meet on Oct. 19).

STRENGTH TRAINING WITH TONYA

This 6-week session begins September 19. Meets Wednesdays, from 11 to 11:50 a.m. The class, taught by Tonya Walton, will focus on increasing your mobility, flexibility, balance, and overall strength. The cost is \$62. Session ends Oct. 24.

TAI CHI (THURSDAY)

This 6-week session begins September 6. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends Oct. 11. Feel free to email instructor Thomas Johnson at Taijitaj@comcast.net if you have any questions about this class.

TAI CHI (TUESDAY)

This 6-week session begins September 4. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$40.



Session ends Oct. 9. Feel free to email instructor Thomas Johnson at Taijitaj@comcast.net if you have any questions about this class.

YOGA (DAYTIME)

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins September 16. Meets Sundays from 9 to 10:20 a.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$80 for residents and \$95 for non-residents. Class will not meet Oct. 7 or Nov. 11. (Students who must miss a class may make it up in the Monday class with the instructor's permission). Session ends Nov. 18.

YOGA (EVENING)

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins September 17. Meets Mondays from 7 to 8:20 p.m. (note new time). See description above. The cost is \$80 for residents and \$95 for non-residents. Class will not meet Oct. 8 or Nov. 12. Students who must miss a class may make it up in the Sunday class. Session ends Nov. 19.

CLASSES THROUGH OASIS

Registration for OASIS classes is by mail only. You may pick up a catalog at the Village Center front desk. OASIS is open to anyone 50 years of age and older. There is no membership fee.

• RESISTANCE TRAINING FOR SENIORS

Matt Rundell teaches this class on Mondays. Meets from 10:30 a.m. to 11:30 p.m. This 13-week class begins September 17 and costs \$98.

• FLEXIBLE STRETCH AND STRENGTH

Matt Rundell teaches this class on Mondays. Meets from 11:30 a.m. to 12:30 p.m. This 13-week class begins September 17 and costs \$98.

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

CONCERTS

Free live music is presented every Wednesday throughout the year at 7:30 p.m. Check the calendar and concert page for each week's performance information. No registration is required. All are welcome.

FHUN

The Friendship Heights Urban Network (FHUN) is a group dedicated to bringing together young professionals, young parents, and college students. The group is currently organizing events such as monthly Happy Hours, barbeques, and special evenings at local restaurants. For more information, check FHUN's website at www. fhun.net. This group is not affiliated with the Friendship Heights Village Council.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively

presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

SCRABBLE

This active group of Scrabble players meets at the Center Thursdays at 6 p.m. All are welcome.

TEA TIME

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers. There is no cost.

VILLAGE PLAY TIME

Children of all ages are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050 for more information.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.

Friendship Heights Village Center



Calendar of Events 200

S E E В E R WEDNESDAY **MONDAY TUESDAY THURSDAY FRIDAY SATURDAY SUNDAY** It's a Shore Thing 8:15 a.m.: Walking Club A few spaces remain for our day trip to Rehoboth, 9 a.m.: – 1 p.m.: Twin Springs Del., on Monday, Sept. 10. We'll leave the Village Center at 8 a.m. and should return after 7 p.m. We'll make a stop at the Tanger Outlets - Midway for those who want to shop. Lunch is on your own. The cost of the trip, which includes transportation and driver's gratuity is \$49. Sign up at the Village Center. **Labor Day** 9:15 a.m.: Fit-4-Ever 8:15 a.m.: Walking Club 8:15 a.m.: Walking Club 8:15 a.m.: Walking Club 9:30 a.m. – 1:30 p.m.: Coffee 10:30 a.m.: Coffee and and Sunday Papers **Center Open** 10:15 a.m.: Yiddish Current Events 9 a.m.: – 1 p.m.: Twin 9:30 a.m.: Tai Chi 9:30 a.m.: Tai Chi 9 a.m. to 2 p.m. 7:30 p.m.: Concert: 1 p.m.: Bridge Group Springs 1 – 2:45 p.m.: Blood 11 a.m. – 4 p.m.: Village **Capital Accord Chorus** Playtime 10 a.m.: Great Books Pressure Screening 6 p.m.: Scrabble 10:30 a.m.: Drop-in Tai Chi 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse 6:45 p.m.: Acrylic or Oil 7 p.m.: Mat Pilates 7:30 p.m.: Jewish Washington 10 11 12 13 8:15 a.m.: Walking Club 9:30 a.m. - 1:30 p.m.: Coffee 8 a.m.: Depart for 8:15 a.m.: Walking Club 9:15 a.m.: Fit-4-Ever 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai Chi and Sunday Papers Rehoboth 9:30 a.m.: Tai Chi 10:30 a.m.: Coffee and 9 a.m.: – 1 p.m.: Twin 10:15 a.m.: Yiddish 9:30 a.m.: Tai Chi 11 a.m. - 1:30 p.m.: 9:15 a.m.: Fit-4-Ever 1 p.m.: Portraiture in Pencil 1 - 2:45 p.m.: Blood 11 a.m. - 4 p.m.: Village **Art Reception** 10:30 a.m.: Strength 12 – 1:30 p.m: Landon 10 a.m.: Great Books Pressure Screening and Pastel Playtime Training with Cheryl Symphonette 6 p.m.: Scrabble 3 – 4 p.m.: Tea 10:30 a.m.: Drop-in Tai Chi 1 p.m.: Suburban 1 p.m.: Bridge Group Lecture: Common 6:45 p.m.: Acrylic or Oil 3 – 5 p.m.: Suburban Nurse 1 p.m.: Bridge Group **GI Problems** Specialist Painting 2:30 p.m.: Drawing and 1 p.m.: Health Insurance 7 p.m.: Mat Pilates 6:45 p.m.: Movie: Painting Counseling **Boynton Beach Club 8 P.M.: FRIENDSHIP** 7:30 p.m.: Concert: movie and discussion **HEIGHTS COUNCIL Doug Wilson MEETING** 16 9 a.m.: Yoga 9:15 a.m.: Fit-4-Ever 8:15 a.m.: Walking Club 9:15 a.m.: Fit-4-Ever 8:15 a.m.: Walking Club 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club 10 a.m. - 3 p.m.: AARP Safe 9 a.m.: – 1 p.m.: Twin 9:30 a.m. – 1:30 p.m.: Coffee 10 a.m.: Great Books 10:15 a.m.: Yiddish 9:30 a.m.: Tai Chi 9:30 a.m.: Tai Chi Driving and Sunday Papers 10:30 a.m.: Resistance 12:30 p.m.: Vision Support Springs 11 a.m.: Strength Training 10 a.m.: Improve Your Training For Seniors 12 p.m.: Concert by So-10:30 a.m.: Coffee and with Tonya Memory Group nia and Sam Oram 11:30 a.m.: Flexible Stretch Current Events 1 - 2:45 p.m.: Blood 1 p.m.: Portraiture in Pencil 11 a.m.: Still Life Painting And Strength Pressure Screening and Pastel 10:30 a.m.: Strength 11 a.m. - 4 p.m.: Village 1 p.m.: Bridge Group Training with Cheryl 3 - 4 p.m.: Tea 7:30 p.m.: Concert: Playtime 2:30 p.m.: Drawing and 1 p.m.: Bridge Group **Ericka Ovette** 6 p.m.: Scrabble 3-5 p.m.: Suburban Nurse Painting Specialist 6:45 p.m.: Acrylic or Oil 6 p.m.: Depart for La 7 p.m.: Mat Pilates Painting Bohème 7:30 p.m.: The Climate 7 p.m.: Café Muse Project 7 p.m.: Yoga 26 23 8:15 a.m.: Walking Club 9:15 a.m.: Fit-4-Ever 9 a.m.: Yoga 9:15 a.m.: Fit-4-Ever 9:15 a.m.: Drop-in Tai Chi 8:15 a.m.: Walking Club 9:30 a.m. – 1:30 p.m.: Coffee 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 10:15 a.m.: Yiddish 12 to 5 p.m.: Taste of 10 a.m. - 2 p.m.: MVA Bus 10 a.m. - 3 p.m.: AARP Safe 10 a.m.: Improve Your and Sunday Papers Driving Friendship Heights 10 a.m.: Great Books 11 a.m.: Strength Training 9:30 a.m.: Tai Chi with Tonya 10:30 a.m.: Coffee and 10:30 a.m.: Resistance 1-2:45 p.m.: Blood 11 a.m.: Still Life Painting Current Events 1 p.m.: Discussion on Training For Seniors Pressure Screening 11 a.m. – 4 p.m.: Village 11:30 a.m.: Flexible Stretch **Balance and Fall** 10:30 a.m.: Strength 3 – 4 p.m.: Tea Playtimê Prevention 30 6 p.m.: Scrabble 3 – 5 p.m.: Suburban Nurse 1 p.m.: Portraiture in Pencil 1 p.m.: Bridge Group 6:45 p.m.: Acrylic or Oil Painting 1 p.m.: Bridge Group Specialist 9 a.m.: Yoga 2:30 p.m.: Drawing and 7 p.m.: Mat Pilates 7:15 p.m.: Depart for Strathmore

Shuttle bus hours



Monday through Friday

Saturday and Sunday

9:30 a.m. - 1:30 p.m.: Coffee

and Sunday Papers

6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

Village Center Hours

Painting

7: 30 p.m.: Book Signing

with Michel Richard

7 p.m.: Yoga

Monday through Thursday 9 a.m. to 9 p.m. 9 a.m. to 5 p.m. Friday Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

Improve your memory skills

1 p.m.: Health Insurance Counseling

7:30 p.m.: Concert: Les

Amis de Mozart

The popular series, "Improve Your Memory" taught by Murray West, returns to the Village Center in September. Participants will examine and discuss the individual's ability to modify the brain's and the body's response to normal aging. Use of this information will help minimize frustrations caused by common lapses of memory.

7 p.m.: Movie: Letters

from Iwo Jima

Instructor Murray West, a gerontologist, has a special interest in the study of improving memory skills in older adults. He has participated in research of memory at the Cognitive Neuroscience Section, NINDS, and the Clinical Neuropharmacology Branch, NIMH at the National Institutes of Health.

These free sessions will meet Thursday mornings from 10 to 11 beginning Sept. 20. Registration is required; please see details on the Classes and Clubs page.

CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m. in Huntley Hall. Before entering the auditorium, please turn off any cell phones or electronic devices. If you arrive after the concert has begun, please wait for a break in the performance before entering.

Wednesday, Sept. 5 — Capitol Accord Chorus — The Capitol Accord Chorus is a progressive women's chorus performing four-part a cappella harmony. From songs like the jazz favorite "Tuxedo Junction" to "San Francisco Bay Blues," you'll enjoy their repertoire of standards, along with songs that will tug at your heartstrings and tickle your funnybone.

Wednesday, Sept. 12 — Douglas Wilson — Doug Wilson has a long career as a symphony musician and trumpet soloist. He is the former principal trumpet of the Tulsa Philharmonic. Additionally, he has appeared with the New Haven Symphony, Solisti New York at the OK Mozart Festival, and the Oklahoma City Philharmonic. His

musical theatre experience includes playing lead trumpet for "Hello Dolly," "Dream Girls," and "The Producers, " among others. In pop shows, he has worked with a variety of performers such as Mel Torme, Henry Mancini, and many others. His program includes both classical pieces and lighter music.

Wednesday, Sept. 19 — Ericka
Ovette — One of the premiere jazz
singers of this era, Ericka Ovette
has literally toured the world from
Bangladesh to Belgium to Bolivia,
and just about every place in between, often under the auspices
of the State Department as a U.S.
Cultural Representative. She was
born in New York and started singing there, but her professional career
actually began when she sang with

a popular local band in Zimbabwe and later with bands in India when she was living in New Delhi. Back home in the U.S., she settled on the East Coast where she has appeared at the Chautaqua Jazz Festival in New York, Pennsylvania's Gardner Theatre, and Washington's Blues Alley. She recently released her debut recording "Some Enchanted Evening" with jazz pianist Larry Eanet, which was featured on WAMU'S Hot Jazz program.

Wednesday, Sept. 26 — Les Amis de Mozart — Sheila Grimes returns to the Village Center with Les Amis de Mozart. The trio includes violin, cello and piano and will present works by Loeillet, Schubert, and Mozart.

A viola and piano recital by two young talents

Brother and sister Sonia and Samuel Oram will present a viola and piano recital on **Sunday, Sept. 16, at noon** at the Village Center. The program will include music by Bach, Debussy, and Shostakovich.

Sonia Oram is a student at Oberlin Conservatory, studying viola performance with Karen Ritscher. Samuel Oram received a bachelor of fine arts in piano performance from Carnegie Mellon University. He is enrolled in the masters of music program there, studying with Sergey Schepkin.

There is no charge for this performance, but please call the Village Center at 301-656-2797 if you plan to attend.

Landon at Lunchtime

The Landon Symphonette Chamber Orchestra will perform a Saturday afternoon concert at the Village Center on **Sept. 15, from noon to 1:30.**

This unique group teams talented musicians from Landon School and other area schools and colleges with seasoned professionals in an unrivaled mentoring relationship. The Symphonette offers a program of concerts under the direction of Richard A. Weilenmann, conductor and artistic director.

The September program will include Mozart's "Exolate Jubilate, KV 165," featuring soprano soloist Lara Colby, "Bassoon Concerto, KV 191," featuring soloist Alan Michels, and "Symphony No. 25, KV 183." The program is free, but please call the Village Center at 301-656-2797 if you plan to attend.

New York, continued from page 1

Following our visit, we will head to our hotel and arrive in time to check in, change clothes, and head to the theater district. Since hotel rooms in New York have become prohibitively expensive during the holiday season, we will stay in an Embassy Suites across the river in New Jersey, just three miles from the city's attractions. All guests will have a bedroom and living room— and two televisions!

We'll enjoy dinner together on Restaurant Row at the FireBird, the lavish restaurant with food fit for a czar. The FireBird, housed in an elegant townhouse, is filled with antique furniture, decorative china and glass, Russian paintings, old theatrical costumes and 19th-century photo-

Continued on Page 17

You & Us. Working together to address your financial needs.

Melanie Folstad, Financial Advisor 301-718-5028 800-638-2909 melanie.folstad@ubs.com 7700 Wisconsin Avenue, Suite 300, Bethesda, MD 20814 www.ubs.com/financialservicesinc

You & Us



Condo Curious?

DO YOU KNOW just how much your condo has APPRECIATED?

With over 14 years of real estate experience, I am your BEST CHOICE when buying or selling in Friendship Heights

Call me today for a FREE home market analysis!

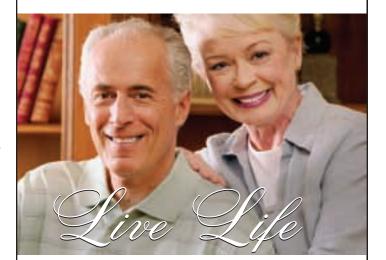


Steven R. Katchman









EXPLORE A WEALTH OF POSSIBILITIES EVERY DAY

Enjoy a lifestyle without compromise at Classic Residence by Hyatt in Chevy Chase, ideally located just two miles from Washington D.C. Here, you will enjoy beautiful surroundings and a wealth of amenities, exciting events and enriching programs.





8100 Connecticut Avenue • Chevy Chase www.hyattclassic.com 1-800-611-0644 • (301) 907-8895

Arizona • California • Colorado • Florida Illinois • Maryland/D.C. • Nevada • New Jersey New York • South Carolina • Texas

Hyatt is a registered trademark of Hyatt Corporation.



TO YOUR HEALTH

Common problems of the gastrointestinal tract

"What You Should Know About Common GI Problems" is the title of this month's Suburban Health Lecture at the Village Center on Wednesday, Sept. 12, at 1 p.m.

What causes indigestion, constipation, reflux? With all the medications available, how do vou know what to take? Gastroenterologist Dr. Grace Woo will answer these questions and others in this discussion. There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.



Making your eye doctor appointment more effective and efficient

Join the Vision Support Group and Clete Clark, Operations Manager, Washington Eye Physicians and Surgeons, on Tuesday, Sept. 18, from 12:30 to 1:30 p.m.

Mr. Clark will discuss strategies for increased satisfaction with the office experience. Bring a bag lunch; dessert and beverages will be provided.

This program is a partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Please call 301-656-2797 to register.

"Specializing in Advanced Digital Hearing Aids"

We proudly offer the latest in digital technology...



Fitting hearing aids by Widex and other leading companies. **Chevy Chase Audiology Associates**

Nehama Pluznik, M.A., CCC-A, FAAA • Certified, Licensed Audiologist Neal Jacobs, HIS • Hearing Instrument Specialist

Professional Service Since 1973

Diagnostic Hearing Tests ◆ We accept Medicare & Blue Cross Service-Repair-Batteries for all makes and models • 30-Day Trial Period

Call Today For A Complimentary Consultation

5530 Wisconsin Ave • Suite 1540 Chevy Chase, MD 20815

301-907-0002

Are you clutter-prone? Filing-impaired?

Are you moving? Downsizing?

PaperWork can help you tame your desk, conquer your files, and manage your time.

We work with paper and electronic files, personal and financial correspondence, home offices, cupboards, basements, and garages.

PaperWork solutions are tailored to you. Take control of your paper. Take control of your life.



Confidentiality Guaranteed

Searching for love later

Can we awaken love, even after a loss of a loved one? How do flirting strategies change over time? What is the role of friendships and community at this stage? On Thursday, Sept. 13, at 6:45 p.m. come and view the Boynton Beach Club movie and engage in a lively discussion about relationships in the second half of life. Ana Gardano, Village resident and Life Transitions Coach, returns to lead an informal exchange of ideas as it relates to this movie. Boynton Beach Club is a lighthearted, romantic comedy that presents various women and men who lost spouses and join a club for widows and widowers, the Boynton Bereavement Beach Club. The club is actually a support group to help seniors cope with grief and loss and meet new friends. However, as relationships progress, their interactions provoke and promote the search for love again.

Ana C. Gardano, Ph.D., has many years of experience leading a variety of groups with people of all ages. In her private practice, she helps facilitate and set goals related to transitions associated with: retirement, marital status, parenting, adjustment to college life, and career changes. There is no charge for this event, but please call the Village Center at 301-656-2797 if you plan to attend.

VILLAGE CLASSIFIEDS

Tennis Anyone?

Please contact Cathy at 240-396-6154. Looking for others in the 3. Range for fun and exercise.

DR. MICHAEL L. GITTLESON

The Barlow Building
5454 Wisconsin Ave., Suite 640
Chevy Chase, MD 20815
(301) 986-4900

Medicine and Surgery of the Foot

Law Offices of Binstock, Torchinsky and Associates, P.C.

The Barlow Building 5454 Wisconsin Avenue, Suite 1340 Chevy Chase, MD 20815 301-657-5555

Creative Strategies for Preserving Your Wealth

Wills, Trusts, Probate, Charitable Planning, Tax Matters 50 years of combined experience

Each partner is a Lawyer and CPA

Complimentary Consultation for Our Friendship Heights Neighbors

Your Family's Health, continued from page 2

believe that knowing their family history is important. Yet, the same survey found that only one-third of Americans have ever tried to gather and write down their family's health history. Thanksgiving 2007 will be the fourth annual National Family History Day. Learn how to find and pass along important health information. Sign up for this program by calling 301-656-2797.

Balance and fall prevention

Terri Rodda, physical therapist and Director of Clinical Services at Friendship Heights Rehabilitation Center, will present a lecture on balance and fall prevention at the Village Center on **Wednesday**, **Sept. 26**, **at 1 p.m.** She will explore the current research on balance and discuss the factors that contribute to falls. Come and learn how you can improve your balance. Please call 301-656-2797 to reserve a seat.

Your home is in the neighborhood. Shouldn't your Home Equity Line be, too?

Save with Prime minus .50% and no closing costs* at Washington's Hometown Bank.

If you want a great way to borrow, there's no reason to look beyond your neighborhood bank. The great rate on National Capital Bank's Home Equity Line of Credit makes it the sensible way to pay for home improvements or major purchases. Call or stop in today.



THE NATIONAL CAPITAL BANK

316 Pennsylvania Avenue, SE, Washington, DC 20003 • 202-546-8000
 5228 44th Street, NW, Washington, DC 20015 • 202-966-2688
 www.NationalCapitalBank.com

FDIC



Prime refers to "Prime Rate" as published in The Wall Street Journal. As of November 4, 2005, the APR for NCB's HELOC was 6.50%. The APR varies monthly; the maximum APR is 18.00%. To qualify for the no closing cost offer, customers are required to keep their account open for three years. Closing costs generally total between \$749.00 and \$3,400.00 and do not include required homeowner's insurance.

NANCY MELLON REALTY

has been unlocking doors in Friendship Heights for over 20 years...



If you are buying or selling your home, you want the best. So call the first "Friendship Team" located in the center of Friendship Heights in the Willoughby.

4500 N. Park Avenue Suite 804N

301-951-0668



Manage On My Own, Juc











Dr. Hansan is "retired" from his career as a social worker. He was the former editor of Aging Network News, co-author of 365 Ways...Retirees' Resource Guide for

Productive Lifestyles, and Personal Assistance: The Future of Home Care. He is currently working on his next book. Dr Hansan co-founded Manage On My Own to inspire seniors to plan for their continued independence.

This is a FREE Seminar

For more information: 301.656.8886 or visit: www.manageonmyown.com

Refreshments will be served

Declare Your Independence!

Please join us to explore

"Aging Responsibly and The Giff of Independence"

John E. Hansan, Ph.D. will conduct an enlightening and liberating discussion on why Seniors <u>must</u> take responsibility if they desire to remain independent and will share some creative and helpful ways to do so.

Tuesday, Sept. 11, 2007 @ 12:30 p.m. Friendship Heights Village Center

• Meals • Transportation • Concierge Services • Personal Assistance • Organization • Home Repair • Safety •

New York, continued from page 13

graphs. Choose (at sign-up) the FireBird salad or soup of the day for a starter; Chicken Kiev, salmon in puff pastry, or Beef Stroganoff as your entrée; and warm chocolate cake or Strawberry Charlotte for dessert.

After dinner, we'll walk one block to the Lunt Fontanne Theatre for the evening performance of *The Little Mermaid*. Based on the classic Hans Christian Andersen fairy tale and one of the most beloved Disney films of all time, this delightful show contains songs by the 8-time Academy Award winner Alan Menken and Howard Ashman as well as new songs by Mr. Menken and Glenn Slater. Tony Award- winning playwright Doug Wright wrote the book and a team of theater artists from around the world has created a set that will transport you to a magical underwater world.

The next morning, we'll enjoy a cooked-to-order breakfast before heading to Rockefeller Center. You'll have time to enjoy a few hours of "Shopper's Week" before meeting the rest of the group at Radio City. The spirit of the season will surround you the moment you walk into the Music Hall. This special show will celebrate 75 years of the Christmas Spectacular and promises to be a once-in-a-lifetime experience. Forty minutes of brand new scenes—all show-stoppers—have been added to old favorites.

En route home, we 'll stop for a fast food dinner (on your own); we should be back by 9 p.m. The cost for the overnight trip, which includes your hotel suite, all transportation, a seat in the Orchestra for two shows, admission, lunch, and guided tour of Winterthur, dinner at FireBird, breakfast, and all taxes and gratuities, is \$539 per person based on double occupancy. The single supplement is \$125. Sign up by Oct. 1 and pay only \$499.

Residents and one guest may sign up immediately. Nonresidents may sign up Sept. 15. A deposit of \$200, plus single supplement if applicable, is due at sign-up and is refundable until Oct. 1. The balance is due Nov. 1. We strongly encourage you to consider purchasing trip insurance. Insurance must be purchased within 15 days of sign-up. Please ask for information about insurance at our front desk.

Please note: There is a moderate amount of walking at Winterthur and several steps to climb at Firebird.

Stay Fit with The Walking Club

Join the free Walking Club that meets at Mazza Gallery, Tuesdays and Thursdays, 8:30 – 9:30 am, on the Garden Level next to Filene's Basement. Free parking and blood pressure screenings. No reservations needed. Call 202.364.7602.



Sponsored by the Sibley Senior Association
5255 Loughboro Rd, NW, Washington, DC 20016 • www.sibley.org





Personal Computer Coach

In-home computer training for women

Cheryl Morris

Phone: (240) 994-2921

E-mail: personalcomputercoach@att.net www.personalcomputercoach.com

> Convenient*Flexible*Personalized Gift Certificates Available



ATTENTION LADIES!

Personal Training Designed for You



Lori Solovey

Certified Personal Trainer (NSPA)
Pilates Instructor (Physical Mind Inst.)

Specializing in fitness for women of all ages with a focus on muscle strength, tone, flexibility, core, and balance. Training at your building's exercise facility or in the convenience of your home.

Reasonable rates, flexible scheduling, and free consultation

For More Info: 240-595-3800 ~ lorisolovey@yahoo.com

There's a Better, Smarter, Faster Way to Work in Montgomery County!





It's the transit commute benefit program that benefits everyone!

For as little as \$1 per month employers can

- Offer staff deeply discounted transit fares
- Reduce company taxes
- Attract & retain the best staff
- Cut gas & parking costs
- Reward staff who help reduce congestion
- *Improve our community*

Employers & Employees–Call Us Now!

Don't let these savings pass you by!

Get On Board with

Super Fare Share today!

www.montgomerycountymd.gov/commute
Click on Savings & Benefits

301-770-P00L(7665)



Cafe Muse presents...

This month's Café Muse, on **Monday, Sept. 17, at 7 p.m.,** presents a reading by Judith Hemschemeyer of her translations of the poems of Russian poet Anna Akhmatova, as well a reading of some poems in the original Russian.

Judith Hemschemeyer is the author of four collections of poetry: *Certain Animals, The Ride Home, Very Close* and *Very Slow, and I Remember the Room Was Filled with Light.* She has also published a collection of stories, *The Harvest.* She currently teaches English at the University of Central Florida.

Café Muse opens at 7 p.m. with refreshments and classical guitar by Michael Davis; readings begin at 7:30. Attending poets are invited to participate in an open reading that concludes the program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 30 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

EXOTIC INDIA

Escorted Deluxe Tour January 23 to February 7, 2008

For information, contact: World Travel Service Lakshmi Halper, 301-656-1300 Andy Ramani, 301-656-5010



ITALIAN SPECIALTIES
BUSINESS LUNCHEONS* REHEARSAL DINNERS* MEETINGS
SPECIAL OCCASIONS*CONVENTIONS*BAR& BAT MITZVAH

BANQUET FACILITIES FROM 10 -100
CARRY-OUT

ONE BLOCK FROM FRIENDSHIP HGTS METRO
FREE VALET PARKING AT THE DOOR

301-657-9133 4515 WILLARD AVE. CHEVY CHASE, MD 20815 ALFIO'S.COM



Showcasing the talented chefs at Brighton Gardens at Friendship Heights

Tuesday, September 25th • 5:00pm - 7:00pm

RSVP by Monday, September 17th

Please join us at Brighton Gardens at Friendship Heights for a sumptuous selection of culinary delights from 10 European countries. To enhance your dining experience, enjoy the beautiful music of pianist, Eddy Glaudin, who has been playing in the metropolitan area for the past 20 years.

The mission of Sunrise Senior Living is to champion the quality of life for all seniors. Walk through our community and discover all the wonderful benefits of the lifestyle at Brighton Gardens at Friendship Heights. We look forward to serving you.



A SUNRISE SENIOR LIVING COMMUNITY



Chevy Chase Bri

Brighton Gardens at Friendship Heights

301-656-1900

5555 Friendship Blvd

Assisted Living Alzheimer's Care

For more information and a FREE online newsletter, visit www.sunriseseniorliving.com

Village Council Corner

Rothstein Scholarship Awarded

At its August 13 meeting, the Council awarded a \$5,000 Robert & Sylvia Rothstein Educational Scholarship to



Jordan Elise Webber

Jordan Elise Webber. Ms. Webber, a resident of Highland House West, is beginning her freshman year at Spelman College in Atlanta, GA. She plans to study English, Political Science, and Sociology/Anthropology.

The Council congratulates Ms. Webber and thanks all the applicants for their time and effort. Students in the Village are encouraged to look for the scholarship announcement next summer.

Property Owner Fined for Removing Trees

Recently a commercial property owner in the Village had a number of trees cut down without approval of the Village Council. This was a violation of the Village of Friendship Heights' regulation #10 ("Protection, Preservation, and Maintenance of Trees"), which prohibits



Photo courtesy Spelman College Office of Communications

the removal of any tree in the Village with a diameter of four inches or more without approval of the Council. The property owner was subsequently fined.

The Village's regulations and other pertinent information are available on our website.

Other Council actions at the August 13 meeting:

- Appointed Kay Greene and Eleanor Martin to the Community Advisory Committee; appointed Janaan Cary to the Program Advisory Committee;
- Renewed Maryland Municipal League membership.



Friendship Heights Village Center 4433 South Park Avenue Chevy Chase, Maryland 20815

Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

phone: 301-656-2797

September 2007 events calendar